60th Annual Institute on Addiction Studies

Who Should Attend:
Addiction Workers
Problem Gambling Prevention Workers
Substance Abuse Prevention Workers
Medical & Health Care Professionals
Police, Fire, EMS & Corrections Workers
Employee Assistance Providers
First Nations Support Workers
Social Workers
Educators
Clergy & Spiritual Counsellors
Human Resource Professionals

Celebrating 60 years of Professional and Personal Development

July 14th - July 18th, 2019
Ivey Spencer Leadership Centre
London, Ontario, Canada

Addiction Studies Forum Inc.
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Virgil, Ontario L0S 1T0
1-866-278-3568 (toll free)
info@addictionstudies.ca
www.addictionstudies.ca

Proudly Canadian
Welcome to the 60th Annual Institute on Addiction Studies.

On behalf of the Planning Committee and Board of Directors of Addiction Studies Forum Inc., I am pleased to officially welcome you to the 60th Annual Institute on Addiction Studies. Whether you are a returning delegate or if this is your first time attending, I’m confident you will not be disappointed. As opposed to today’s modern learning options that offer online courses, webinars and distance learning, nothing can replace the value of face to face human interaction and networking that our conference offers.

For 60 years (yes, you’re reading it right, 60 years!), we evolved from the early days at McMaster University, to the Kempenfelt Conference Centre and now to our current venue, the Ivey Spencer Leadership Centre. We pride ourselves on providing a conference with high standards that we have learned over the years is what you the delegate ask for. We provide a venue with premium accommodations, delicious meals, and serene surroundings. We offer a unique conference with not only leading edge learning opportunities, but the added component of rest and self-care that is best described by our slogan, Personal and Professional Development.

Welcome, relax and enjoy.

Tom Gabriel
President
Addiction Studies Forum Inc.

Keynote Address
Sunday, July 14th - 7:00 pm

Victoria Maxwell BFA
"Crazy for Life"

"Crazy for Life" centers on Victoria’s personal journey to accept help for her mental illnesses and learning how to thrive. This brave, humorous keynote takes audiences from meditation groups to psych wards, from black depressions to manic psychoses. It both educates and entertains; inspiring hope and creating empathy.

Victoria Maxwell (BFA/BPP*) is one of the top speakers on the lived experience of mental illness and recovery, wellness and creativity. She’s also a self-proclaimed Wellness Warrior and Bipolar Princess. She lives with bipolar disorder, anxiety and psychosis and has for more than 17 years, been helping people internationally better understand the ‘insider’s’ experience of mental illness and recovery; how to create long-lasting wellness and kickstart their creativity.

The Mental Health Commission of Canada named her theatrical keynote, ‘That’s Just Crazy Talk’, one of the top anti-stigma interventions in the country. When she’s not presenting, you can find her running in the trails on the Sunshine Coast in BC or practicing Chi Kung in the early morning. She feels honored to be able to share her story and sharing her story helps her heal. As Victoria likes to say: “Sometimes... the harder we fall – the higher we bounce.”

Course Ratings

1 Level 1 - Entry Level
Entry level courses for those who have little or limited experience in the addictions or helping field.

2 Level 2 - Intermediate
Entry level to advanced. For those with some experience or knowledge in the addictions or helping field.

3 Level 3 - Advanced
For those with substantial experience in the addictions or helping field. Some material is at the clinical level of learning and is suitable for those with post secondary to university level education.

NOTE: Ratings are determined on course content and the course presenters input. Addiction Studies Forum Inc. reserves the right to make the final determination of a course rating level.

All courses and presentations have been pre-approved for Continuing Educational Units (CEUs) by the Canadian Addiction Counsellors Certification Federation.
The Windsor-Essex Transgender and Allied Support (W.E.Ts Support), was founded by the current Executive Director, Jayce Carver in 2016 out of her personal desire to connect to her community and create inclusive services. W.E. Tran Support began providing individual support through a hotline then group support through the Trans Spectrum and T2: Families In Transition programs. As the community continued to grow and support each other, the agency grew and strengthened with it. Jayce Carver will present on the importance of Trans led organizations in the rainbow communities. “It really unpacks the need for community education on Trans identities, the work my organization does, my story of transitions and the staggering statistics in trans communities.” Jayce will share the importance of sustaining the health and well-being of transgender, gender queer, two spirit, gender non-binary, sexual diverse and gender and sexual questioning communities and their families, by providing activities, programs and services that create community; empower community members; provide essential resources; advocate for civil and human rights; and embrace, promote and support our cultural diversity.

Jayce Carver is the co-founder and Executive Director of Windsor-Essex Transgender and Allied Support. Ms. Carver, along with a carefully chosen team of like-minded community activists, is working to enhance and sustain the health and well-being of transgender, gender queer, two spirited, gender non-binary, and gender questioning communities and their families. Through evidence-based activities, programs and services that create community on a platform of empowerment, Ms. Carver focuses on the provision of essential resources and advocacy work that recognizes and honours the important of peer-led programming. With a focus on human rights, Ms. Carver embraces, promotes and supports the diversity of a marginalized population. These contributions are bringing about a reduction in isolation of Trans individuals, creating community and visibility of Trans individuals, and providing tailored supports in our community from a person-centered perspective that relies on strong partnerships with other community agencies.

In this workshop, Dennis Kimberley will present on how he attended to children and youth exposed to addictions, over 50 years. His mentor was Margaret Cork, a Canadian who supported children of alcoholics in her 1969 seminal study, “The Forgotten Children”. Using the voices of children and youth (including Indigenous children) and their lived experiences, as presented in their wisdom, and supported by practice wisdom, and research wisdom, Dennis honours the 50th Anniversary of Margaret's publication by examining assessment and supportive intervention factors associated with risks, harm, compromised development, attachments, resilience , strengths, and transgenerational issues associated with addiction-compromised parenting, including cannabis addiction, non-substance addictions and concurrent disorders. The presenter will address supports for family preservation, parental inclusion, alternative care arrangements, and integrative child-youth centered in vivo interventions.

Dr. Dennis Kimberley is a retired professor of social work and private clinician with over 50,000 hours of clinical experience, including as an expert consultant and witness and international consultant and trainer. He has had over 80 years of experience in addressing both children of addicted parents risks and needs, as well as the dynamics of addiction-compromised parenting. His work includes expertise in child risks and compromised parenting compounded by concurrent disorders, non-substance addictions, crime, violence, child-youth maltreatment, including developmental damage in children of addiction-compromised parenting, as adults. Current interests include implications of legalization of cannabis on parenting capacity and child-youth development risks.

This workshop offers a unique approach to gaining knowledge and understanding on an often misunderstood and uncomfortable topic. Tina candidly and casually shares her own story of engaging in self-destructive behaviour, how it started, why it continued and how she was able to find a healthier way of coping. Tina will also share her experiences of working with those who engage in self harm and the techniques used to walk their journey with them. This workshop will take you from those who may be more at risk, to the signs of those we suspect as engaging in the behaviour, right through to the alternative approaches she uses to help someone who no longer wants to self harm.

This seminar is an abstinence-based, not-for-profit organization. The 5 Stages of Change help people understand where they are in the process of recovery from addiction. Using positive reinforcement and Motivational Interviewing techniques, we encourage those who are willing to make a change.

Participants will be introduced to SMART Recovery®, the world’s largest community of individuals supporting each other in their path to recovery. SMART Recovery® is an abstinence-based, non-for-profit organization. Our trained facilitators present Rational, Emotive and Cognitive Behaviour therapy tools and techniques. The 5 Stages of Change help people understand where they are in the process of recovery from addiction. Using positive reinforcement and Motivational Interviewing techniques, we encourage those who are willing to make a change.

Cynthia Moore has spent over fifteen years with a family member that has an addiction problem. During her son’s recovery journey, she gained a profound understanding of addiction’s power over the individual and what treatment options were available. She became part of the addiction treatment industry because she wanted to use her own experiences to help others find a treatment option that works for them. Cynthia did extensive research looking for a scientific, evidence based training program for people looking for an alternative to the 12 Step program. When her son was in treatment in Arizona, the family segment introduced them to the SMART approach and SMART recovery. Cynthia dedicated her time to becoming certified as a SMART recovery facilitator. She was trained by Dr. Bob Meyers the founder of SMART in May 2014 and she is certified by the Albert Ellis Institute as an REBT practitioner.

She started the first SMART recovery chapter in Toronto in July 2013 and is now the Regional Coordinator for Ontario. Over the past eight years, Cynthia has overseen the expansion of SMART recovery meetings in Toronto, which now has seven open meetings per week and live closed meetings at Bellwood and St. Mike’s Homes. She also leveraged her training to become a private addiction coach for individuals and families with addiction problems.

Jayce will share the importance of sustaining the health and well-being of transgender, gender queer, two spirit, gender non-binary, sexual diverse and gender and sexual questioning communities and their families, by providing activities, programs and services that create community; empower community members; provide essential resources; advocate for civil and human rights; and embrace, promote and support our cultural diversity.

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Monday, July 15th . . .  Choose one full day session or two half day sessions

B1 (full day session)  NARRATIVE THERAPY APPROACHES TO WORKING WITH ADDICTIONS
Laura Bères BSW, MSW
This full day workshop will offer participants the opportunity to become familiar with, or reacquainted with, a particular model of practice, Narrative Therapy, which can provide hope-filled and strength-based approaches to working with people struggling with addictions. The day will begin with an introduction to the Theory of Narrative Therapy, a review of the structure and benefits of ‘externalizing conversations’, re-authoring conversations, and ‘outsider-witnessing’, before moving on to practice these skills together in pairs. The presenter will also model narrative practice skills through a demonstration interview.

B2 (morning session)  RELATIONAL & TRANSGENERATIONAL DYNAMICS OF PARENTING PATTERNS COMPROMISED BY ADDICTIONS
Dennis Kimberley BA, MSW, PhD, RSW
Dr. Dennis Kimberley has worked with families (including Indigenous) where parenting is compromised by diverse addictions. He shares knowledge and experiences based on numerous family, couple, parenting, sibling, and transgenerational family-group interventions including with addictions, mental health, and child maltreatment interfaces. Complexities of interpersonal assessment and treatment are explored, beyond initial sobriety and harm reduction, which may be enhanced through individual, couple, family, group, and residential interventions. Dennis balances considerations of parenting capacity and family dynamics influenced by addictions with family-parenting dynamics affecting the expressions of addictions. He addresses the paradoxes of common, diverse, and relatively unique child-parent-child relational challenges, including functions of apparent dysfunction. Among addictions, compromised dynamics explored include: narcissism, secret-keeping, parentification, over-responsibility, conflict, aggression, threats, insecurity, illusions, solution-focus, intergenerational manipulative communication, broken promises, confederates in crime, attachment and sexual development risks.

Dr. Dennis Kimberley is a retired professor of social work and private clinician with over 50,000 hours of clinical experience, including as an expert consultant and witness and international consultant and trainer. He has had over 50 years of experience working with youth with addictions and their parents at Westover since its inception. Lynn Wilson is a certified addictions counselor with 15 years of experience working in the addiction field and 3 years in the mental health field. She is employed at Westover Treatment Centre and has developed the Women’s Program for in-house clients as well as facilitating community programs.

B3 (morning session)  ADDICTIONS 101, AND BEYOND
Tom Gabriel (Dipl.)ACW, ICADC, CCAC, CTSS
This workshop is for those who are new (or considering a career) in the field of addiction counselling or for those already in the front line but looking to enhance their educational basics and to brush up their existing skills in addiction counselling. This presentation is ideal for those working in workplace volunteer peer referral programs, union environments (stewards), in human resources or those who already in the helping field and are considering adding addiction counselling certification to their existing credentials. Content will include an understanding of substance use disorders, addiction, related mental health problems, treatment options, assessment and evaluation, ethical and boundary issues and navigating complex workplace and legal issues.

Tom Gabriel is certified as an International Alcohol and Drug Counsellor (ICADC) Certifying Body, a Certified Clinical Addiction Counsellor (CCAC), a Certified Trauma Services Specialist (CTSS) and holds a diploma as an Addiction Care Worker from McMaster University in Hamilton, Ontario. In 2012, he retired from the Police Service but continued to work within the issue area as a registered service member and their families in his current employment with the Toronto Police Association as an EFAP Consultant, Crisis and Addictions Counsellor. In 2012, Tom received the Queen’s Diamond, Jubilee Medal and later in 2016, was the recipient of the Peter Armstrong Award of Excellence from the Reassessment Foundation of which both recognized Tom for his work with Police Service Members and families suffering from addiction and related mental health issues. In 2016, Tom was awarded the Roil Galvin Award by the Canadian Addictions Counsellors Certification Federation for his service work during his six years on the CACCF Board of Directors as President, Vice President, Board Secretary and other committee positions. Tom is presently the President of Addiction Studies Inc. (Annual Institute on Addiction Studies) and has presented in many venues for police agencies, conferences, colleges, private sectors, and in one-on-one engagements including television appearances on local television, radio and other media releases in regards to addiction and mental health issues.

B4 (morning session)  COURAGE TO CHANGE - WOMEN IN ADDICTION TREATMENT
Kimberly Quann CCAC
Lynn Wilson ICADC, CCAC, DSW
This session is an interactive workshop presented through Power Point and group activities to address 3 major areas that are impacted by addiction in the lives of women. These areas are Relationships (Healthy vs Unhealthy), Empowerment (Dealing with Guilt and Shame) and Self image (Self Esteem).

The participants will learn about the underlying issues that women experience and the barriers that result from these experiences particularly regarding the stigma associated with addiction. Some of the activities for the participants will involve group discussion and role playing. This session takes a solution focused approach to these issues.

Kimberly Quann is a certified addictions counselor with 15 years of experience working in the addiction field and 3 years in the mental health field. She is employed at Westover Treatment Centre and has developed the Women’s Program for in-house clients as well as facilitating community programs.

Lynn Wilson is a certified addictions counselor with 15 years of experience at Westover Treatment Centre. She has worked in both the Substance Dependence and CoDependency Programs. Lynn has helped in facilitating the Women’s Program at Westover since its inception.

B5 (afternoon session)  CATALYST FOR Creativity and Courage Playshop
Victoria Maxwell BFA
Research shows creativity, mental health, productivity and wellness are highly correlated. This fun, highly interactive playshop gets people step out of their comfort zone into their courageous and creativity zone. Through improv games, simple writing activities and creativity exercises, participants take away tools that enhance wellness and recovery, boosts confidence and builds resilience. The strategies sharpen focus and presentation skills and improve problem solving and teamwork. Skills learned benefit individuals in the workplace, can be taught to students in any educational setting or used by healthcare professionals with clients. No experience necessary – only willingness!

Victoria Maxwell is one of the top speakers on the lived experience of mental illness and recovery. She lives with bipolar disorder, anxiety and psychosis and has utilized all of her tools to help others internationally better understand the insider’s experience of mental illness and recovery: how to create long-lasting wellness and kick start their creativity. The Mental Health Commission of Canada named her theatrical keynote, ‘That’s Just Crazy Talk’, one of the top anti-stigma interventions in the country.

When she’s not presenting, you can find her running in the trails on the Sunshine Coast in BC or practicing Chi Kung in the early morning. She feels honored to be able to share her story and sharing her story helps her heal. As she says: “Sometimes… the harder we fall – the higher we bounce.”

B6 (afternoon session)  SUPPORTING SUBSTANCE INVOLVED WOMEN
Heather Elliott BSW, RSW
This workshop will outline why women specific substance use treatment is needed. We will explore the differences and similarities in substance use treatment for women vs. men. After discussing the common characteristics of substance involved women, we will examine the impact of women specific issues and how help working from best practices can support women to heal from their substance use concerns. Participants will leave this session with an understanding of key concepts and best practices utilized to support substance involved women in moving forward with their recovery goals.

Heather Elliott is the Manager of Quality Improvement & Professional Practice at Addiction Services of Thames Valley. Heather has the responsibility for overseeing the clinical supervision of all clinical staff at ADSTV.

She ensures clinical quality assurance through mentoring, coaching and monitoring adherence to professional practice standards. Heather’s clinical work specialized in providing treatment, support, and advocacy for women and families who are struggling with addictions and related concerns including homelessness, poverty, mental health, and trauma.

Heather has a passion for supporting women to take back control of their lives and overcome the injustices that they have experienced over their lifetime.
Tuesday, July 16th

Choose one full day session or two half day sessions

C1 (Full day session)
The Impact of Substance Use in the Canadian Central Arctic
Janay Warren BSW, RSW
Emily Angualalik

This workshop will explore the issue of substance use in the Canadian Central Arctic. The workshop will use Inuit cultural practices and Inuktitut as a tool for defining culturally appropriate responses to substance use issues. The workshop will look at how the use of substances is used in southern recovery settings. By identifying the historical context of substance use, the participants will address challenges and barriers posed by colonization, Governmental Policy and Intergenerational Trauma as they pertain to substance use. This discussion will provide strategies and permit regulations. The workshop will also identify the role of culturally appropriate strategies among indigenous communities and the experience of those indigenous communities.

C2 (morning session)
The New Face of Gambling
Janay Warren BSW, RSW, CPGC, CCAC
Jennifer Forfiitt BA, ICAD, CPGC, TTC-CT

This presentation will begin with a brief overview of substance use, including what drives use and warning signs & symptoms, addiction theory and the impacts on the person with problem gambling as well as the impacts on family and community. This presentation will explore the changing faces of gambling including, but not limited to, on-line gaming, such as skill-based video games and social gaming as gambling elements in video games. Treatment options and resources such as self-exclusion will be discussed and provided to participants. In this seminar, interactive methods will be used to further the learning experience. Participation and discussion will be highly encouraged. The workshop will conclude with hands-on activities focusing on how to implement best practices. The participants will discuss the importance of implementation process, identification of acceptable or unacceptable adaptations of EIPs to local contexts, identification of blind spots when it comes to different type of evidence, as well as discussion of the implications of this on service delivery.

C3 (morning session)
H.U.G.S. Program, Helping Youth and Children with Grief
Christine Dernederlanden CTSS

This presentation will explore the H.U.G.S. program, an interactive program designed to help youth and children with grief work through their grief in a group setting. The workshop will vary by age group and will also touch on their perceptions and experiences. The participant will be encouraged to explore the grief process. The workshop will vary in age group to allow for those to explore all senses during emotional expression of ones trauma. They will explore self care while exploring a program that aids in the healing of others, along with ideas on how we fund-raise for such a program to be implemented. Christine has trained counsellor’s on an ongoing basis using the The Care of Grieving Children Public District School Board of Niagara, along with a repertoire of clients from Hospices to Funeral Homes. The H.U.G.S. training is endorsed by the H.U.G.S. Program, Helping Children Understood Grief Sessions was inspired by the grief camps facilitated with the Friendship Ambassadors who bring dialogue annually to the United Nations and Lions International.

C4 (morning session)
What does Spirituality have to do with Recovery?
Collette Currin CCA

Is the difference between Spirituality and Religion? This presentation will reference the biopsychosocial holistic treatment model and will explain why we need “more.” How undergone shift in values (Jung’s personality transformation otherwise known as a spiritual experience or awakening), allows us to focus our distinguishing characteristics (immutable traits) in a more positive direction. We will also look at some interesting cross-referencing as to how the 12 Steps have a lot of common ground will all the “evidence-based” modalities.

Collette is a certified counsellor at Bellwood Treatment Centre in Toronto as well as in private practice. She is a passionate advocate for recovery from addiction drawing from a wide repertoire of skills and knowledge to improve the clients. This workshop will encourage you to explore your own personal journey tracking the road of happy destiny.

C5 (afternoon session)
Aging Boomers: Assessing and Treating Addiction and Mental Health Issues in Seniors
Beverly Pendry MD, FRCPC

This workshop will review common issues in normal aging, frequent mental illnesses and neurological conditions in seniors such as Stroke, Dementia and Alzheimer’s. This workshop will also engage participants in discussion about their understanding and how best to incorporate their knowledge of mental health issues in seniors. Beverly Pendry, MD is a professor at McMaster University’s Dept of Psychiatry and a thoughtful scholar.

C6 (afternoon session)
Youth Substance Use: A Sociological Perspective
Tara Bruno PhD

This workshop will begin with an interactive activity/guess pose to the participants, which will hopefully encourage audience reflection and participation. This will be followed by an anecdot of why the presenter ended up in this field. This intro will transition into main objective of the workshop, which is to explain the relevance of the sociological perspective to understanding substance use and addiction. The remaining third of the workshop will introduce the “five-person model”, as developed by members of the YouthREX team. This will be introduced and discussed as a viable alternative or supplement to traditional treatment approaches. Throughout, there will be several opportunities for the audience to engage in interactive activities, in an environment of supportive understanding and experience with youth substance use and addiction.

Tara Bruno is an Associate Professor in the Department of Sociology at King’s University College in London, ON. She completed her doctoral studies at the University of Toronto in the Department of Sociology with a collaborative program in Addiction Studies through the Centre for Addictions and Mental Health (CAMH) in Toronto. Tara’s research focuses on high-risk youth, and bringing a sociological lens to the more often individualized explanations of substance use and addiction.

C7 (afternoon session)
Meeting the Challenges of Counselling Clients with Trauma and Addictions
David Wright MD, FRPCP

In this workshop we will review: facts about addiction; our approach to trauma-ized clients who are early in their addiction recovery, how trauma may alter their addiction recovery and adjustment of their treatment goals, mistakes commonly made when counseling these clients and ways to work effectively with them while maintaining one’s own health and resiliency. In this workshop we will practice: teaching clients skills in order to stay in the present, maintain their emotional and physical safety and regulate their emotions.

Dr Dave Wright is an experienced psychiatrist with a 30 years’ history in interactive workshop—will also engage military veterans, members of Indigenous Nations and First Responders. He co-created and co-Heads this first outpatient PTSD treatment program, teaching patients the skills required to reduce their symptoms, restore control and improve their quality of life. He has also been a consultant in a residential addiction treatment facility, in an Operational Stress Injury Clinic and in an Ontario university health care team. Throughout his career, he has developed creative solutions to the challenge of treating people who have both substance use and trauma issues. He is a professor at McMaster University’s Dept of Psychiatry and a thoughtful scholar.

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Wednesday, July 17th

Special Evening Session 7:00 PM - 9:30 PM

S.C.A.R. of the Feather Healing Through Song
Corene Cheeseman CAG II, CGC, SSW
H. Neil Monague

S.C.A.R. (Spirit, Culture, Attitude, Responsibilities) is a workshop that includes information on the losses and changes experienced by Native Nations since the arrival of other Non-Native Nations. Topics will include residential schools and the changes that have occurred to the various Nations over 500 years. This interactive workshop will also engage participants in a journey of healing through native ceremonies. This is an intergenerational opportunity to learn about our cultural knowledge and background of Native Nations when working with native clients who are suffering from addiction.

H. Neil Monague is of the Beausoleil First Nation and has been on a spiritual journey for 27 years in which he has gathered much of his traditional teachings from his teachers and surroundings. Dealing with his own spirit has given him the opportunity to embark on a road in helping others to strengthen their own spirit by way of song, drum, and smudge. H. Neil also works in the aboriginal community as an alcohol and drug counselor.

Corene Cheeseman of the Mohawk Nation, Turtle Clan was born and raised on Six Nations in a family of 10 children. Corene has spent 15 years working with individuals living with substance use disorders; Corene’s background has been in the additions field for the last 22 years. She presently is an Aboriginal Alcohol and Drug worker at the Hamilton Regional Indian Centre in Ontario.

www.addictionstudies.ca

Special Evening Session 7:00 PM - 9:30 PM

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Monday, July 15th

Seminars

Special Evening Session 7:00 PM - 9:30 PM
The adult brain is much more changeable and malleable than has previously been believed or even understood. There is now a large amount of evidence to show that damaged neural (brain) circuits can be restructured through therapeutic and experiential experiences and trauma can be corrected, reshaping our brain anatomy and consequent behaviour, with the key word being ‘can’. In other words, it is now clear that brain architecture continues to change throughout adulthood, and this can be manipulated in highly beneficial directions. Besides trauma, neuroplasticity has proven to enable people to recover from stroke, injury, addiction, ADHD, learning disabilities and other brain deficits, pull out of depression and addictions, and reverse obsessive-compulsive patterns. Many people who suffer extreme childhood trauma go on to develop personality disorders, which Dr. Ian will end with helpful evidence-based tools to help support those who want to make changes to their cannabis use.

Cannabis has become significantly more discussed in the past few years due to its legalization and medical use. These recent changes with cannabis appear to be as effective as the “War on Drugs” in reducing crime, violence, and those in the helping profession who support clients struggling with addiction and misuse of substances. Despite the legalization and prescription use, clients are continuing to ask for support to cut down on or abstain from cannabis. Through interactive discussion, this workshop will start with identifying the role that cannabis has had over time and how it has come to be the drug it is today. Also addressed will be the challenge of recent changes and the inundation of contradicting information. This presentation will be a great opportunity for current clients and also those involved in the field of trauma recovery is the incredible thing is that the human brain has a very malleable and adaptive brain (helpful in creating a more successful life). The brain is arguably the most fascinating and important organ in the human body. Medical and scientific professionals alike are only beginning to mine its vast complexities. Of particular interest to those involved in the field of trauma recovery is the area of neuroplasticity. This refers to how the brain is wired and its extraordinary capacity to rewire itself through changes in brain, environment and neuro processes. Not only is the brain capable of creating new pathways, it is designed to do so. The brain is highly resilient and desires flexibility. The incredible thing is that the human brain has a very real desire to heal itself.

Ian Robertson currently works as an organizational consultant for establishing high quality agency Standards of Care and effective service delivery approaches. He is a clinical trainer in trauma, mental health, and addictions best practices throughout the province for several hospitals and community-based programs. Ian also provides consultation and clinical supervision to therapists who operate in private practice and within agency settings. Ian recently retired as the Regional Clinical Supervisor for Addictions and Mental Health at the Niagara Health System. In his early years, Ian has worked as a substance abuse counselor at the Wagga Wagga Management Centre, the New Port Centre, as a clinical therapist for Mental Health Services, Regional Facilitator and Trainer for Mental Health, and also consulted for several community organizations. He is certified as a Cognitive Behavioral Therapist, Complex Trauma Specialist and ARP, and Substance Abuse Counsellor. He is licensed in Trauma Incident Reduction (TIR), Level 1 & 2 of EMDR, Trauma and Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Cognitive Process Therapy and Motivational Interviewing. Ian has been a speaker at international, national, provincial and regional conferences and an organizational trainer on topics such as substance abuse, trauma, concurrent disorders, mental health, youth at risk, youth threat assessment, Motivational Interviewing, Organizational Trauma-informed Practices, Various Trauma, Trauma and Mindfulness and GST for Front-line workers. Ian also owns and operates a private practice in Niagara.

This event’s purpose is to explore the roles of peripheral triggers of addiction, the role of trauma in addiction, and the role of addiction in co-occurring trauma. The workshop will focus on the integration of trauma and addiction and will provide resiliency tools to help people recover and create a healthy and fulfilling future.

This program is designed for a variety of clients including but not limited to those who struggle with addiction, trauma, mental health issues, and persons living with HIV. This program will provide an opportunity for clients to learn from each other and support one another. The workshop will provide an opportunity for clients to learn from each other and support one another.

Jordan Anderson is a Registered Psychologist with a specialization in Addiction and Trauma. He has a Masters in Clinical Psychology and is a registered psychologist in the province of Ontario. Jordan also has an International Certification as a drug and alcohol counselor and holds a Canadian Clinical Supervisor Addiction Counsellor Certification (CCSAC). For 5 years, Jordan Anderson worked for Renascent treatment Center in Brooklin, Ont. as the Primary Opiate Specialist and Case Manager with adult males in recovery from a variety of concurrent disorders. Jordan is now the Executive Director at Alpha House (a long term treatment centre for men suffering from addiction) for the last 3 years. In addition to Jordan’s current vocational position, he is also a member of the Ontario College of Physic and Surgeons, and a member of the Harm Reduction Network of Ontario.

Fergus Vaughan is a Registered Social Worker who works primarily with children and families at the Thames Valley District School Board, as well as at the private practice of Vaughan Consulting. As a clinician, Fergus has specialized in working with traumatized children and youth, and is trained in Eye Movement Desensitization and Reprocessing (EMDR). His passion is sharing knowledge about trauma with other professionals to promote systemic change to meet the needs of people with complex trauma and attachment issues.
Mail or Fax your completed form to: Addiction Studies Forum Inc, Box 322, Virgil, ON L0S 1T0
1-866-278-3568 • FAX 1-888-898-8033 • Email: info@addictionstudies.ca
Register online at: www.addictionstudies.ca

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### Education (indicate selection below)

- ☐ Full Tuition $600.00
- ☐ Daily Rate $200.00
- ☐ Before June 1
- ☐ After June 1 $650.00

(lunch included in Daily Rates)

- ☐ Single Accommodation (with meals) $925.00
- ☐ Saturday Evening Accommodation $160.00

Please indicate any dietary restrictions here:

Addiction Studies Forum Inc. will NOT be responsible for costs incurred by early arrivals. If a reservation is required for those arriving SATURDAY EVENING, a $160.00 fee will be added to your total. Please indicate if you require Saturday evening accommodation.

Please check this box if you have mobility issues requiring wheelchair access:

Please indicate your 1st and 2nd choice for courses:

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| Monday 9:00 am - 4:30 pm | B          |
| Monday 9:00 am - 12:00 noon | B          |
| Monday 1:30 pm - 4:30 pm | B          |
| Tuesday 9:00 am - 4:30 pm | C          |
| Tuesday 9:00 am - 12:00 noon | C          |
| Tuesday 1:30 pm - 4:30 pm | C          |
| Tuesday 7:00 pm - 9:30 pm | C          |
| Wednesday 9:00 am - 4:30 pm | D          |
| Wednesday 9:00 am - 12:00 noon | D          |
| Wednesday 1:30 pm - 4:30 pm | D          |

**Note:** Keynote and Plenary session are included in full tuition fee otherwise a $90.00 tuition fee applies for each session.

**Corporate Rates For Groups Available**

Call Linda Hood at 1-866-278-3568

- **Education Sub Total**
- **Accommodation Sub Total**
- **Saturday Evening Sub Total**

**GRAND TOTAL**

**Method of Payment**

Make Cheques Payable to Addiction Studies Forum Inc.

**Credit Card:** VISA MASTERCARD (circle choice)

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**REGISTRATION POLICIES**

A $100.00 deposit is required upon registration with the balance payable by July 12th, 2019. There will be a $50.00 nonrefundable cancellation fee. The Institute (Addiction Studies Forum Inc) reserves the right to cancel or reschedule all sessions and courses.
Sponsors

We would like to thank the following for their generous support of the 60th Annual Institute on Addiction Studies

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Conference Highlights

• Morning Ceremonies • AA & NA Open Meetings • Fireside Outside Lounge • Music • Evening Activities •

Delegates attending the 60th Annual Institute on Addiction Studies can earn up to 26.5 hours of Continuing Educational Units (CEUs). All CEUs have been approved by the Canadian Addiction Counsellors Certification Federation. CACCF standards often meet or exceed other governing agencies requirements for CEUs (nurses, ATSS, CPGC, etc.) It is the responsibility of the delegate to check with their particular agency for criteria requirements.

Special Thanks
We would like to thank the following members of our planning committee for their combined personal knowledge and experience to develop and make this conference possible.

Corene Cheeseman
Aboriginal Alcohol and Drug Worker, Hamilton Regional Indian Centre

Rick Csiernik
Professor, Kings College, University of Western Ontario

Tom Gabriel
EFAP Consultant, Crisis & Addiction Counsellor, Toronto Police Association

Marie Duff
Member Support & Wellness Consultant, Peel Regional Police Association

Mike Hannon
Westover Treatment Centre, Director of Chemical Dependence Program

Linda Hood
Director, UFCW Local 12R24 Members Assistance Program, ATSS Board of Directors

Jim McIlveen
Board of Directors, Addiction Studies Forum Inc.

Corrie McIlveen
Addictions Counsellor, Hamilton Drug Treatment Court Support, Mission Services of Hamilton

Jeff Ramackers
EFAP and Addictions Representative, Unifor Local 88

A place to rejuvenate and a place to learn in the tranquil surroundings of a mansion estate

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